



## Pantry Pack Menu Ideas

The pantry pack program provides meals for children and families and distributed at sites throughout Anchorage. Although package sizes vary depending on brand, each box should contain **at least** four servings of each meal item. These non-perishable items are placed in boxes and distributed community-wide to children and families who need food most. Currently we are most in need of the food items for the boxes, and not assembled boxes.

### Dinner Pantry Packs

#### Creamy Shells with Tuna

- 1 pack - Pasta shells (any shape)
- 1 jar - Alfredo sauce
- 2 cans - Tuna
- 1 can - Peas or other canned veg
- 1 can – fruit

#### Spaghetti dinner

- 1 pack - Spaghetti noodles
- 1 jar - Spaghetti sauce
- 1 can - Canned chicken
- 1 can - veg
- 1 can- Fruit

#### Chicken Chili

- 1 can - Chicken
- 2 cans - Beans
- 1 can – Stewed tomatoes
- 1 packet - Chili Seasoning
- 1 can -Fruit
- 1 can – Corn
- 1 pack - Crackers

#### Chicken Taco Soup

- 1 box -Chicken Broth
- 1 can - beans
- 1 packet - Taco seasoning
- 1 can - Corn
- 1 can - Diced tomatoes
- 1 can - Chicken
- 4 servings - Chips or crackers
- 1 can - Fruit

#### Chili Mac

- 2 boxes – Mac and Cheese
- 1 can - Chili
- 1 can - Corn
- 1 can - Fruit

#### Chicken Alfredo

- 1 can - Chicken
- 1 package - Fettuccini noodles
- 1 jar - Alfredo sauce
- 1 can - Veggies
- 1 can - Fruit



## **Breakfast Pantry Packs**

### Cereal

- 4 servings - Individual cereal cups
- 4 servings - Fruit cups, dried fruit, or canned fruit
- 4 packs - Hot chocolate
- 4 servings - Shelf stable milk
- 4 - Granola bars

### Oatmeal

- 4 individual packs- Oatmeal
- 4 servings - Fruit cups, dried fruit, or canned fruit
- 4 - Granola Bars
- 4 individual packs - Hot chocolate
- 4 servings – shelf stable milk

### Hash Browns and Sausage

- 4 servings - Shelf stable hash browns
- 4 servings - Vienna Sausages
- 4 servings - Fruit cups, dried fruit, or canned Fruit
- 4 packs - Hot chocolate
- 4 servings - Shelf stable milk

## **Lunch Pantry Packs**

### Soup

- 2 cans - Soup or stew
- 4 servings - Crackers
- 4 servings - Dried fruit, fruit cups, or canned fruit
- 4 - Granola bars

### Tuna and Crackers

- 2 cans - Tuna
- 4 servings - crackers
- 4 servings - Canned fruit, fruit cups, or dried fruit

Questions? Contact us at 907.433.8601 or email [info@beanscafe.org](mailto:info@beanscafe.org)

Food donations are accepted Monday - Friday 9am - 4pm at 1020 E. 4th Avenue, Anchorage, AK 99501  
Monetary donations can be made on our website [www.beanscafe.org](http://www.beanscafe.org) or mailed to the above address, payable to Bean's Cafe, Inc.