



Fall 2010 NEWS

“The underlying premise of Bean’s Café is a deep belief in the inherent dignity of every person, a belief that people respond with kindness when treated kindly, with trust when trusted, and respectfully when respected.”

Copied from the original proposal to organize Bean’s Café - 1979

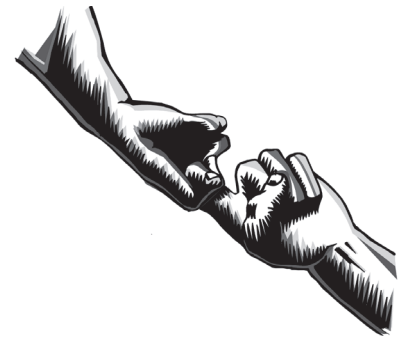
**Cafe
Wish List**
Paper Towels
Sandwich Bags
Coffee
Disposable Hot Cups



Bean’s Team: Maggie Carey, Social Service Director

Maggie Carey has had her heart at Beans Café since 1988. She was Executive Director from 1988 until 1995, and returned to the Café as Social Services Director in 2006.

Maggie has extensive experience in social work and vocational rehabilitation before she came to Bean’s. Fresh out of college she was a welfare social worker in West and Downtown Oakland, California, areas of profound poverty. She worked for many years as a vocational rehabilitation counselor, then supervisor at San Mateo County, California, specializing in folks with mental health challenges. Before returning to the Café she was a disability examiner with Social Security.



She is presently involved in outreach and referral at Bean’s, referring clients to housing, treatment, and more effective access to community resources. Often, she provides an empathetic ear.

Maggie says “poverty and concerns of social justice have mattered to me all of my life. At the Café we see the range of folks from those who are chronically homeless, those who are recently homeless, and those whose life is a hard scrabble struggle to make ends meet. Because the Café provides a high quality lunch, which for many becomes the meal of the day, it is particularly troubling to see the plight of the elderly.”

Maggie says “I’m deeply committed to the hopeful possibilities of the human spirit. I’ve learned that kindness is a quality in short supply. Our clients are very much in need of hope and kindness.”

Every organization needs key players to meet its mission, daily goals and objectives. The “Bean’s Team” is the most dedicated, courteous, brave, compassionate, caring and bright group of people that I know. They ensure over 1,000 meals are served a day, over 80 rolls of toilet paper are rolled and distributed a day, an average of 400 pieces of mail are distributed, over 200 vitamins are given to clients, over 20 combs are given out, as well as five (5) pairs of reading glasses daily. Some of the “Bean’s Team” members are paid and some are volunteers.

I will profile one intelligent, caring, committed individual member of the “Bean’s Team” that is a paid staff member in each of the following newsletters. The valued team member profiled in this issue is Maggie Carey, our Social Services Director.

Bean’s Cafe Welcomes Ken Miller

My name is Ken Miller and I am very excited to begin my work as the Director of Development for Bean’s Café. I am new returnee to Anchorage after being away for 22 years. In 1975 I originally moved to Anchorage and attended Central Jr. High and Bartlett High School graduating in 1980. I then attended Dartmouth College graduating in 1984 and began a career in corporate sales and management. I moved to a new position with Kodak in 1987 transferring to Spokane, WA.

In 2009 I returned to Alaska after marrying my former high school sweetheart. I am looking forward to the challenges of development in the nonprofit world in today’s economy and look forward to meeting many new friends and associates. If you have any questions or inquiries concerning contributions, volunteering or any the exciting events coming up feel free to call me at any time at 297-5620 or email me at developbeans@alaska.net.

Bean’s Café would like to sincerely thank the following corporate & foundation contributors who have donated to us in the last quarter:

The Block Foundation	Funding for new van and general funds
Fran & David Rose Foundation	Funding for mobile giving project
Gottstein Family Foundation	Funding for new van
Cal Worthington Ford	Funding for new van
Fidelity Thompson Charitable Fund	Funding for new van and mobile giving project

Start the Cooking Pot

We are looking for a few good soups! Bean soup recipes (vegetarian and meat) are needed for our 2011 soup contest. The top soup(s) will be featured at The Empty Bowl Project, March 12, 2011. Last year was a lot of fun, the chefs were amazing and the soups delicious. Anyone interested in presenting a soup recipe please RSVP ASAP to Ken Miller at 297-5612 or beansoup@alaska.net. Competitive soup space is limited and entries are due by December 10, 2010.



JESUIT VOLUNTEER PROGRAM

Each year Beans Café has been most fortunate to have the Pacific Northwest Jesuit Volunteer program provide volunteers to assist us in staffing the Social Services office. We are deeply grateful for the Jesuit Volunteers commitment of a year of their life in the service of others. This past year Trevor Lane and Kate McGrain provided a wonderful year of service to the Cafe. We were most appreciative of their time here, and are deeply grateful for the strong support they provided our program.

This August we welcomed our new Jesuit Volunteers, Paul Beckwith and Braden VanDragt. Paul hails from California, and Braden from Washington. We very much appreciate their commitment to our program and look forward to working with them in the coming year.

Social Services Wish List

Feminine Hygiene Products
Travel Size Toiletries (especially shampoo and soap)
Disposable Double-Edged Razors
Crew & Long Cotton Socks (new or gently used)
~Please help with these practical and necessary items~

Community Generosity Fulfills Needs and Wishes

The Holiday Beanie Boxes have been a wonderful and giving tradition at Bean's Café. Generous folks from the community provide festively decorated shoeboxes, or go green and use recyclable shopping bags, full of practical, thoughtful and fun gifts for the poorest among us.

We've made a checklist with suggested items, and we hope that you will be able to help out with these items. We know they'd welcome other fun and surprise items. In addition to cards, folks enjoy other fun board games such as portable chess and checker sets; Sudoku, crossword, and word game puzzle books are also prized. Hair ties, scrunchies, chap stick and deodorant are also welcome additions. During the long winter months, we are especially grateful for gifts of gloves and hats. We welcome bulk donations of any of these items, which help us even out the boxes for folks.

You can also make these Holiday Beanie Boxes a fun project with fellow employees at your work place, members of your church or congregation, clubs or social groups, and classmates. Please help us provide these special Gift Boxes for the folks at Beans Café, be generous, and please help us make the holidays a special and giving time for the poorest among us. Call me at 297-5608 and I can forward via email or fax our very handy checklist of suggested items. Thank you in advance for your generosity!

~Maggie Carey, Social Services Director~

SUMMER PROGRAM UPDATE

Another summer is gone with over 430 kids served 26,000+ lunches/ snacks through the Summer Food Service Program at The Children's Lunchbox (TCL)! We appreciate the collaboration with the USDA, State of Alaska, Food Bank of Alaska, Municipality of Anchorage and of course our "safe community environment sites"; Camp Fire AK, Denali Family Services, Boys & Girls Clubs, Gateway Learning Center Homework Club, Power, Parachutes, Out North, Eklutna and Fairview Recreation Center. It was a privilege to provide meals at Goose Lake Park this summer as well.

WINTER PROGRAM UPDATE

Thank you to **Walmart** for their very generous donation of \$50,000 for the "Just a Little Extra" Weekend Food Program! With Alaska USA Foundation's \$5,000 donation, United Association Local 367 \$250 and individual donations we are on our way to fully funding Mountain View Elementary students food for the weekend!

Please pass on to your family, friends and colleagues the need within our community to feed hungry kids and let them know they, too, can volunteer, donate food, Sponsor a Child for \$30.00 per month or donate any amount they desire to The Children's Lunchbox, a program of Bean's Café, P.O. Box 101297, Anchorage, AK 99510! www.thechildrenslunchbox.org (907) 297-5625. Thank you for your assistance and passion for feeding the hungry!

~Becky Thompson, Program Director~

the children's lunchbox Wish List

***Tuna (small or large cans) - Albacore & Chunk Light
100% Natural Oats 'N Honey Food Bars, Fiber One Bars
Large & small cans of Fruit: Peaches, Pears, Pineapple Chunks, Tropical Fruit
Small cans of: Chili, Ravioli, Soups
~Please help with these practical and necessary items~***

Bean-A-Fits!

Bean-A-Fits are a great way for business organizations, churches, and individuals to get people together, have some super soup, corn bread and good company while raising money for Bean's Cafe. We would like to encourage as many groups as possible to host a Bean-A-Fit. For more information call Kathi Adkins at 297-5604.



Why Be a Volunteer?

It's not for the money
It's not for the fame
It's not for any personal gain
It's just for the love of your fellow man
It's just to give a helping hand
It's just to give a little of oneself
That's something you can't buy with wealth;
It's not for a medal worn with pride
It's for that feeling deep inside
It's that feeling that you've been a part
Helping other's far and near
That's what makes you a volunteer!

~Author Unknown~

Volunteer Corner

We are so thankful to ALL of our volunteers and feel truly blessed to have your help whether you volunteer in a group or individually. Bean's Cafe' couldn't operate without your commitment to server others by helping us with our daily tasks.

However in this Bean's Cafe' newsletter edition I wanted to give a BIG SALUTE to a special group of people who tirelessly give of themselves volunteering over and over again. They continually give their time and talent to volunteer here at Bean's Cafe'.

I want to say THANK YOU to the military personnel who fill over a dozen regular serving times for meals plus countless hours of volunteer time cleaning, food prep, organizing storage areas and other daily needs. We couldn't serve the homeless and hungry we do at Bean's Cafe' without your help and dedication.

Thank You to these special military groups plus many more who volunteer throughout the year:
732 MAS/Elmendorf; 3rd Med Group Elmendorf; 3LRS/LGRR; 611th AOC Elmendorf;
3rd Service Squadron; 3rd Communication Squadron; ALLCOM Elmendorf; Top 3 Elmendorf;
611 ACS/ 176th Air Support Squadron; Elmendorf EMS Maint / Hospital; Maint Operation
Squad 3MOSTIO3; AMC 732 AMS/TRA Elmendorf & Elmendorf AFB

Pour for the Poor

Our Annual Beans & Jeans got a facelift and is now "Pour for the Poor!" A Gala Event of Wine Tasting, with exotic cheese, chocolate and other food delights for your tasting. Please join us at Credit Union 1, 1941 Abbott Road; Doors Open at 6:30 p.m., tickets will be on sale soon for \$50.00 per person. For more information please contact Ken Miller at 274-9595.

~Linda Kupers Event and Volunteer Coordinator~



Thanksgiving and Christmas, A Time of Giving

Thanksgiving and Christmas time is approaching and the kindness of food donations at the holidays is one of the ways we are able to make it a truly special day for the homeless and less fortunate. Bean's Café prepares Holiday feasts that have served over 1,200 meals. The feasts would not be possible without the wonderful support of the Anchorage Community. Bean's Café needs hams, turkeys, gravy, bread stuffing, vegetables, coffee, red punch, and cream pies. Homemade dishes are always welcomed and appreciated. Please continue to help Bean's Café provide a feast at the holidays for so many that would otherwise go hungry. For more information contact Kathi Adkins at 297-5604.



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If you would like to be removed from
 the mailing list, please contact Kathi
 at 274-9595 or ohbeans@alaska.net

Sign up for Bean's Cafe email
 updates at BeansCafe.org



Bean's Cafe Board of Directors

Chairperson	Leslie Ellis
Vice Chairperson	Steve Williams
Secretary	Abby Dunning-Newbury
Treasurer	Bernie Washington
Jacque Evans	Greg Cooke
George Laurito	Dianne Tarrant
Jimmy Smith	Mike Prozeralik
Marty Howard	Jimmy Hillig
	Pam Guerrero

The Staff at Bean's Cafe

Executive Director	James Crockett
Dir. of Development	Ken Miller
Cafe Manager	Michael Bailey
Operations Manager	Kathi Adkins
Social Services Dir.	Maggie Carey
Jesuit Volunteers	Paul Beckwith
	Braden VanDragt
Food Purveyor	Shane Reeves
Cooks	Allen Wells
	Gary Smith
Lead Monitor	Grady LeBlanc
Monitors	Barry Selby
	Matthew Alexie
	Venus Woods
	Daniel Rock
Inventory Control	Jamie Mark
	John Geertson

Events & Projects

Exciting New Event:
Pour for the Poor
 Thursday, October 7th @ Credit Union 1
 Call Ken Miller @ 297-5620 for more information

Thanksgiving Dinner
 1pm-3pm, November 25th

Candlelight Vigil
 10 am, December 21st

Holiday Dinner
 1pm-3pm, December 25th

"Best of the Beans"
Soup Contest
 January 2011

19th Annual Health Fair
 Feb. 23, 2011 Need Volunteers

